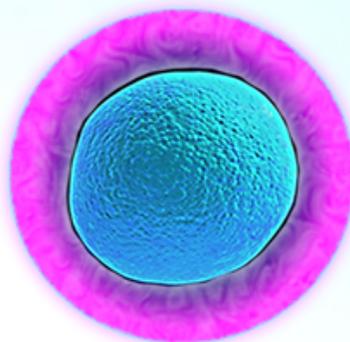


THE S.O.D. MIRACLE

ACTIVATING SUPER CELLS FOR MAXIMUM HEALTH



Why More People Are Dying Prematurely
And How Scientists Now Believe You May
Extend Your Lifespan By Up To 50 Years

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Part I: “The Unavoidable Killer”

There’s no escaping it.

The culprits behind perhaps **today’s most threatening killers**, have become unavoidable.

They circulate in our air, infiltrate & damage our food and lurk in the very water we drink and feed growing produce with.

So what are these health-sabotaging elements?

In one word... *toxins*.

Better clarified as - *toxic bodily interference*.

Anything and everything from chemicals, carcinogens, pesticides, herbicides, genetically-modified organisms, heavy metals, electro-magnetic fields and radiation.

And they’re continually-permeating everywhere...

Our water (ground, household and drinking) - contains chlorines, fluorides, chloramines - along with various traces of pharmaceuticals and poisonous heavy metals like lead and arsenic...

Our fresh produce is laced with decades past infused herbicides, pesticides, various environmental toxins and heavy metals.

Dry foods are refined and processed with chemically-formulated preservatives and genetically-altered sugars...

Our dental industry commonly inserts the most toxic neurological poison on Earth, into people's mouths - mercury amalgam fillings. (*Affecting us directly, or through our parents - since mercury is transferred via sperm & mothers placenta)

Our medical establishments inject most of us with controversial vaccinations - containing dangerous amounts of mercury, aluminum and accompanying substances like formaldehyde and msg. (*Which surpass our protective digestive barriers and move directly into our blood)

...**Our furnitures, mattresses and carpets** are loaded with numerous chemicals and flame-retardants that "off-gas" into our skin and lungs - while we eat, lounge and sleep.

Then of course, things like **formaldehyde and over 80,000 other chemical toxins are exposed to us daily** - from our clothes, books, magazines, drywall, shoes, belts, sunglasses, mouse pads, electronics and cosmetics to name a few...

Not to mention, air pollution from the infinite list of sources such as - automobile exhaust, coal & factory emitted chemicals, cigarette smoke, and the list goes on.

And to add more "fuel to the fire"... we have the pleasure of being RADIATED on a daily basis from microwaves, EMF's (electro-magnetic fields) from cell-phones, towers, wireless signals, etc, to rays from our very Sun - due to ozone depletion.

Then finally, you have **nuclear fallouts like power-leakages and the latest Fukushima catastrophe** - that's left the Pacific Ocean floor blanketed with endless carcuses of dead sea life...

In other words... *our defense mechanisms are **being beat to hell*** — and bent *way beyond their means* and our bodily systems - routinely meant to "cycle", are strained on high-alert, forced rather to exhaust themselves — due to their standing watch 24/7.

SLEEPING WITH ONE-EYE OPEN

All of this endless defense results in pressure our bodies deal with on a cellular-level, known as ***Oxidative Stress***.

This is ultimately what you want to avoid.

(*If you're seeking to become or otherwise remain "healthy", or remain even ALIVE.)

Oxidative-Stress - is essentially **an imbalance between the production of free radicals and the ability of the body to counteract or detoxify their harmful effects through neutralization by antioxidants.**

More simply stated; when the balance between the production of reactive oxygen species (free radicals) and antioxidant defenses are skewed - harmful Oxidative-Stress can result.

In essence, **toxic interference spawns free radicals** - which cause disruption at a cellular level... leading to a variety of common and disastrous health problems - if our bodies are unable to cope.

This is why oxidative-stress is tied in a "quintuple knot" with inflammation, cancer, aging and thus, early death.

And the worse part of it is...

You couldn't avoid all toxic-interference and free radical causing *oxidative-stress* if you tried.

We firmly believe this is why health as a society is on a massive decline.

WHY MORE PEOPLE ARE SUFFERING & DYING PREMATURELY.

It seems like you can just visit your Facebook wall these days — and surely, somebody will have posted about how themselves or a loved-one, is battling cancer or some other insidious state of illness.

The really sad part about this, is it's only going to increase — as the toxic interference we all are exposed to continues to permeate our environment and food supply.

And the free radicals produced — as a result of toxic stressors overburdening our bodily systems — are resulting in detrimental oxidative stress, causing us to age faster, while presenting us susceptible to various degeneration and disease.

Every time you breathe in toxins, consume, or absorb them transdermally (through your skin) — **you generate a new swarm of free radicals**. And unless neutralized, bad things may happen.

In fact, it's estimated that every cell in your body gets approximately 10,000 free-radical attacks, each and every day...

Now multiply those 10,000 attacks — by the many TRILLIONS of cells in your body!

That's an awfully intimidating amount of attacks.

Without needed assistance, in handling these increased loads of oxidative stress we're facing on a daily basis — our battered bodies are likely going to be guests of an early casket.

Part II: “Why Oxidative-Stress is The #1 Threat Against Your Health & Wellbeing”

Oxidative Stress haunts our ability to maintain our integrity of health - because many causes behind oxidative-stress from free radicals in todays world, are ***simply UNAVOIDABLE.***

(Moving to Antarctica would be one option of minimizing exposure, albeit a very cold one. But not even taking a drastic approach such as that would render you safe.)

Our way of life has become a breeding-ground for free radical activity within us, and to stand a legitimate chance of beating today's odds, we need to first understand what we need to avoid, and also what our bodies may need a helping-hand with.

Let's take a moment to examine some large contributing variables...

- **TOXICITY** - This is the largest root of the problem, per previously described. Toxins we intake - through our lungs, skin or digestive process - cause a breakdown of healthy cellular function, impair process and “overload” our protective detox abilities. **This results in generated free radicals and oxidative stress.**
- **DEFICIENCY** - Toxicity, genetically-altered and manipulated natural process - results in nutrient-deficient foods. Toxicity in the body - further impairs function & contributes to malabsorption — exponentially resulting in malnourishment from lack of necessary nutrients to maintain a healthy state of wellbeing. **Deficiency results in oxidative stress.**
- **RADIATION** - Radiation of all kinds, effects our bodies at an energetic and cellular level, and impairs necessary cellular communication. There are countless harms from radiation known, yet much that is not yet known. What is obvious, is **radiation can cause massive oxidative stress.**
- **INFLAMMATION** - It is widely accepted that oxidative stress results in harmful inflammation in the body. However, some sources argue that inflammation itself can also cause oxidative stress — and may actually be the driving culprit behind OS. Meaning, every time inflammation occurs in our bodies, oxidative stress results.

Based on this theory, inflammation would not only result in oxidative stress, but the oxidative stress would actually cause more inflammation... *creating a continual cyclonic-threat against our body's health.* For this reason, **inflammation and oxidative stress both need be avoided.**

- **OXYGEN** - While oxygen is essential for our very life, and health - oxygen also poses a potential threat to our biological systems. In fact, most free radical damage comes from our cells own metabolism. When oxygen is burned with nutrients to create energy in our bodies, **free radicals are generated as bi-products**, also known as “reactive oxygen species”, or ROS. Namely, a radical known as **SuperOxide**. Because of this, one of the largest contributors to oxidative stress, is oxygen itself.

Each one of these issues has mutated into a serious problem of epidemic proportions.

While it wreaks of “conspiracy theory” tone to hear - **no where is safe**... it certainly represents an alarming threat when “it’s not safe” consists of the bio-terrain within our very own bodies.

What is presented here in this report, is **an extraordinary breakthrough & approach to combatting and arresting free radicals** & toxic strain - that permeate the oxidative stress cycle.

But first, let’s address...

What Makes Oxidative Stress So Harmful To Your Body?

First, free radicals are **extremely reactive**.

They produce damage and modify cell functions - disrupting the harmonic life-processes taking place in your body.

And extensive research has revealed that — continued oxidative stress can lead to inflammation and chronic diseases including cancer, diabetes, heart/cardiovascular, neurological diseases, and the list goes on...

But what makes oxidative stress so harmful?

...And why does it seem to point to such grim finishes?

Well let's take a look at some answers, beginning with its affect on how we age as humans.

AGING — LIKE DISTRESSED CAR PARTS

It used to be thought that our bodies wear out with use, like automobile motors, but was exonerated as a theory, as it was found to be simply un-true.

But almost all theories of aging, agree that **aging is caused by free radicals** or "reactive oxygen species" (ROS).

As referenced from the ROS theory, it was stated — that the apparent contradiction between increased ROS generation and long lifespan is reconciled by an enhanced stress defense — acknowledging that oxidative damage results in aging.

What's more surprising, is there is no alternative to the ROS theory.

The "free radical theory" states that — with accumulated free radical damage and oxidative stress, biochemical and cellular processes begin to fall apart as aging progresses.

But it seems most of this “free radical damage” occurs during times of our most active metabolic turnover. For us humans, this would be in early puberty.

But at these ages we also possess the most physiologic reserve — to assist with these attacks. That’s why a “teenager” can recover faster and more often, than say an “elderly” person — whose physiologic reserve has diminished through aging.

So, this demonstrates that — as damage accumulates, our physiologic reserve becomes depleted, and hence — our bodies become unable to cope, as we grow older and begin to age.

This also leaves us incredibly more susceptible to disease.

WHERE DISEASE COMES FROM

Diseases begin to develop as more and more **oxidative stress** accumulates in your body.

When a critical amount of damage occurs, then we term this as a known-disease, such as diabetes, kidney disease, cancer, etc.

Pathogenic activity, such as viral, fungal, bacterial or parasitic infections — can just be a result of this environment. But whether or not they are caused by it, they can certainly still contribute to severe oxidative stress — thus, disease.

Disease, in this sense, is just a result of aging.

...But not “natural” aging. Rather **accelerated aging brought on by oxidative stress.**

Some diseases are the result of simple insult to the organism, such as infections or injury from predators or trauma. But these are not the result of aging, just rather the risks of living in any particular community.

As the average lifespan of our species has increased, we have seen the appearance of more diseases of aging. Just decades ago, it was more often that disease only affected “older people” — and were less seen in mass, including younger adults and children.

Point being, these diseases didn’t begin to “show up” in noticeable statistics, until our average lifespan as a species increased.

When humans begun “living longer” — we began to develop these diseases — caused by free radical damage. Especially cancer, which is a disease of aging, or accelerated aging — brought on by unbearable oxidative stress.

Simply put, the increased load of oxidative-stress is contributing to accelerated “aging” within our cells and bodies, and therefor resulting in disease and in many cases, premature death.

Some theories, also attest this increased epidemic of oxidative stress with a revolving door with inflammation.

INFLAMMATION STARTS HERE

Presently, there are two hot topics in medical literature regarding the development of disease. One of these involves free radical damage.

The other... yep, **inflammation.**

As free radical damage occurs and cells and tissues are damaged, our bodies attempt to clear away the damaged cells.

This results in various inflammatory pathways being activated.

When our body’s cells are deployed to the “destruction zone” to rectify damage — they release a variety of chemicals that cause inflammation.

This inflammation then further breaks down the damaged tissue so that is may be cleared. The problem is... that the inflammation also unintentionally damages surrounding healthy matter — leading to more damage.

Meaning, inflammation that is attempting to aid your body — may actually be destroying it — leading to further, and new oxidative stress!

Because of this process, oxidative stress and inflammation may be viewed as a “revolving door”. And it all starts when free radicals attack.

FREE RADICALS ATTACK

Interestingly, much of the free radical damage we encounter — **comes from our cell's own metabolism.**

Our cells take the oxygen from our lungs and use it in enzymatic reactions to burn fuel and create energy. And each cell uses its energy to perform its own individual function.

However, Mother Nature did not make us 100% efficient in this “energy creation” process — because each cell generates some (extra energy) as an “insurance policy” that it will be able to perform its necessary function.

As this energy is created, radicals are created... and these “extra” radicals are what we call free-radicals. And when these free radicals spin off in the cell — whatever gets struck, can sustain damage.

There is otherwise no use for them, once they are deemed “extra” radicals, which is why they are called “free radicals”.

And these radicals are constantly attacking us everywhere, from every terrain in our body. Thus, each cell's damage is a result of its own internal metabolic creation of this “extra” energy.

Therefore, when our cells experience “oxidative stress”, for whichever reason, they become over-burdened — and can produce more radicals than necessary, perpetuating the cycle.

However, toxic interference as we mentioned, ***isn't the only cause of oxidative stress*** — in fact, free radical damage can also be a result of too much Oxygen.

DANGERS OF OXYGEN YOU BREATHE

Our cells utilize oxygen, in combination with other molecules — to generate the energy that powers various biochemical processes.

And we all know — without oxygen, **we would die.**

But how could it actually be contributing to our malaise, if it's our provider of life?

Well, the process of generating energy by “burning” nutrients with oxygen, causes the creation of certain “rogue” oxygen molecules as inevitable byproducts.

Yes, you guessed it... these are “free radicals”, which is why they are also referred to as — reactive oxygen species, or (ROS).

And though they play a role in many important processes, they can result in accelerated aging and disease — when their numbers grow in excess and beyond control. When they do — they can result in considerable damage.

In fact, it's thought that this process — along with the havoc it wreaks — is responsible for many of the internal complications that eventually lead to various diseases of all kinds.

This form of oxidative stress may be our ultimate threat.

SUPER-OXIDE — “THE ULTIMATE THREAT”

It's kind of strange to think one of the most potent free radicals is oxygen.

And while oxygen is essential for life, it poses a real threat to our biological systems.

Because reactive forms of oxygen, ***called superoxide*** (oxygen with an extra electron), leak from our respiratory enzymes and wreak havoc on our cells. This is why superoxide is also referred to as “reactive oxygen species”, or (ROS).

*Superoxide — is potentially **the most harmful free radical of all — as it's also the most common** in our body.*

Superoxide can cause mutations in our DNA or attack enzymes that make amino acids and other essential molecules. As you can imagine, this is a significant problem. During the transitions of oxidative stress, superoxide is produced by oxidative enzymes and mitochondria.

This is a pretty hairy process because superoxide is highly toxic and from this one reactive oxygen species, many other toxic compounds and additional free radicals can be generated — and severe damage can transpire.

This is alarming because each cell in our body is exposed to about ten-tenths molecules of superoxide each day. To put this in to perspective — for a person weighing 150 pounds — **they would produce about 4 POUNDS of superoxide per year!**

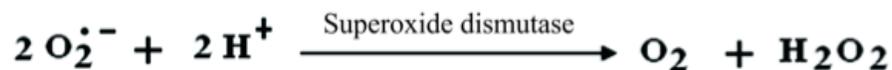
That means that average person needs to neutralize 4-8 lbs. of this toxic crap per year!

Because superoxide is potentially the most toxic and most common free radical in the realm of oxidative stress occurrence — it is viewed as the “ultimate threat”.

So the question is...

“How do we disarm these harmful free radicals, especially SuperOxide?”

Part III: “How to Reverse The Deadly Effects of Oxidative Stress — By Neutralizing Superoxide Radicals”



Previously, we discussed how "oxidative stress" happens — when more free radicals exist than can be neutralized by various types of antioxidants available in our bodies.

But what we didn't mention, is that we are always in a state of "oxidative stress" transpiring — since the number of free radicals can never be exactly matched by the number of antioxidants — which neutralize them.

Because of this “imperfect” balance - **there will always be excess free radicals causing damage** within us.

This results in the slow decline of our bodily processes and ultimately, *aging, malfunction and disease.*

So then how does your body deal with these problematic free-radicals?

HOW YOUR BODY ELIMINATES FREE RADICALS — THAT CAUSE OXIDATIVE STRESS

Luckily, nature has created each organism with mechanisms to deal with free radical damage.

Everybody knows these as *antioxidants*.

Antioxidants are a class of molecules that can inhibit the oxidation of another molecule. (Meaning, *they neutralize oxidative stress*.)

What most don't realize though, is practically all the antioxidants you get from "outside" sources (like food or supplements), are *secondary antioxidants* — like *vitamin C, A, E, etc.*

What they also may not be aware of, is that are most important antioxidants — which are **far more effective at preventing free radical damage** — *are produced internally*. Within our body's cells.

In other words, while secondary-antioxidants are surely important — they act to support your body's primary antioxidants; such as glutathione peroxidase, catalase, and your body's #1 primary antioxidant enzyme - **superoxide dismutase**.

Our primary antioxidants such as *superoxide dismutase (SOD)* - are our first and most important line of defense against harmful free radicals, ***especially superoxide***.

(— *Thus, SOD relieves oxidative stress — protecting cells and DNA from harm.*)

And though SOD is our greatest asset in zapping free radicals — specifically superoxide — our SOD levels decline rapidly with age — which is a huge reason we are easy victims of oxidative stress, unnecessary aging and premature death.

ALL ANTIOXIDANTS — NOT CREATED EQUAL

The word "antioxidants" has become cliché — giving us false pretenses that "all antioxidants are the same", which simply isn't the case.

Simply put, your secondary-antioxidants can simply be consumed - where as your **internal antioxidants** — (superoxide dismutase (SOD), glutathione peroxidase, and catalase) — are actually manufactured within your cells — for cellular protection.

(*Your cells are the basis of all life)

This is why these **internal antioxidant enzymes** serve as your body's most potent defense against free radicals and harmful inflammatory reactions.

They act as catalysts in your body to **render toxins less harmful!**

(— Superoxide dismutase (SOD) - being perhaps ***the most powerful internally-generated antioxidant in your body.***)

In fact, scientists and researchers alike, claim because SOD decreases with aging, that evidence suggests that — **increasing your SOD levels may help prevent aging, combat disease and add potential years, even decades to your lifespan!**

Superoxide Dismutase (SOD) — Your Body's **#1 Most Powerful Free Radical Slayer** ~ 3,500 TIMES MORE POTENT THAN VITAMIN C

Superoxide Dismutase (SOD) — is your ultimate weapon for cellular detox.

Here's why:

SOD is what your body uses to neutralize harmful excess superoxide.

Superoxide alone, is the body's most deadly and most common free radical toxins. **And SOD is what your body uses to render it obsolete.**

In fact, genetically engineered mice died within DAYS — from massive free-radical damage, as a result of not being able to produce their own SOD!

It's so vital to your survival, that it's production began when you were still in your Mother's womb. Because SOD is crucial for proper development and defense of your body's immune system.

...All other common antioxidants, while significant in their own right, pale in comparison.

That's why SOD is referred to as **the most powerful antioxidant in your body.**

In fact, SOD is said to be — ***3,500 times more powerful than vitamin C!***

And although impressive, SOD also acts of course to relieve oxidative stress — protecting cells and DNA from potential damage.

But what makes SOD our greatest asset in zapping free radicals — is it's specific job, neutralizing the big bad “superoxide”.

(SOD) — IS WHAT YOUR BODY USES TO NEUTRALIZE HARMFUL SUPEROXIDE

Again, superoxide dismutase is referred to as the body's greatest antioxidant, because it is responsible for disarming the most dangerous free radicals of all — superoxide.

Harmful superoxide radicals, as previously discussed — are BAD NEWS.

This is where SOD is so critical.

SOD is solely responsible for catalyzing the conversion of superoxide to elemental oxygen and hydrogen peroxide — (which can then be converted by alternative enzymes in your body to safe forms of water and oxygen.)

Clearly and simply put, SOD - is what neutralizes harmful superoxide free radicals in our bodies.

Specifically, it is called “super-oxide DISMUTASE” — meaning; to “catalyze a dismutation reaction”. A dismutation reaction is; a reaction between two identical molecules in which one is reduced and the other oxidized.

Or in layman's terms; **SOD stops superoxide from harming your body and makes it disappear.**

When there is SOD unable to perform this action, unnecessary aging and disease can occur.

SUPEROXIDE & DISEASE — KISSING IN A TREE

Free radicals, especially superoxide — have been long associated with disease.

In fact, they may in fact represent a well-defined marriage. A very committed one at that.

And although SOD's benefits go beyond neutralizing superoxide anions, SOD's role here is a critical one that possesses deservable attention.

Superoxide anions are implicated in the development of countless degenerative diseases and accelerated aging conditions.

And since SOD is what your body uses to counter the wrath of superoxide, it's essential to preventing disease and premature aging... and therefor **premature death**.

REMEMBER: We touched on previously, that genetically engineered mice died within DAYS — from massive free-radical damage, as a result of not being able to produce their own SOD?

SOD — MIGHTY DEFENDER OF CANCER

No surprise, free radicals are implicated in cancer.

We know cancer can be caused by exposure to toxic interference and that there have been people who have overcome cancer — by simply removing this toxic interference.

(But sadly, this isn't always possible)

Here's how cancer may occur:

If enzymes like SOD, are unable to properly detox cells of toxic matter, then cells risk damage — and cancer cells may form.

But — if your body is equipped with the enzymes (like SOD) that it requires, to properly detoxify your cells, then you may stay protected from cancer's wrath.

When there are more toxins than a cell's enzymes can handle, or when there aren't enough enzymes in the first place, cells are at risk to become cancer cells.

Because we know cancer research has long-revealed the lack of SOD activity in cancerous cells, while superoxides and other free radicals are very much present.

Also known, is that tumors appear to produce excess amounts of superoxide, as a potential result of the body's inability to cope with its own SOD production — due to insufficiency.

This implies that had SOD levels been sufficient, then **cancer may not have occurred** in the first place.

This poses an issue for all of us in today's world, because again, most of us are not producing the amount of SOD needed to battle off such relentless invaders. Another issue — is that SOD levels decrease as we get older, leaving us even more vulnerable.

This is why it's **extremely important** we find a viable solution for getting and increasing our SOD's. And another essential reason we need to control free radical activity and eliminate the superoxide threat.

SLAYING THE “DOUBLE-DRAGON”

Superoxide dismutase has incredible healing power.

The more scientists study SOD, the more benefits they find. Surprisingly, **SOD actually acts as both an antioxidant and an anti-inflammatory.**

There appears to be some scientific controversy, as far as which causes which - (inflammation vs oxidative stress). Which one occurs first, or is it a potentially revolving process of back and forth occurrence?

While most scientists maintain their opinion of findings - that Oxidative Stress is first to transpire in the chain of stressful bodily defense, few argue that inflammation sometimes occurs first - resulting in Oxidative Stress.

To allow respect for both of these hypothesis, both of these dragons should be slayed.

Either way, SOD has you covered.

ENTERING THE TRUE MIRACLE OF SOD — A FOUNDATION FOR LONGEVITY

It's imminent.

We must avoid premature aging, degeneration and disease — if we are to even “tickle” the potential of our life's longevity.

SOD not only may offer extraordinary aid in executing this goal, but it may assist us even further...

Let's take a quick look back in time to see what “Mother Nature's” core essential goal for us humans was, in terms of deciphering and analyzing the reality of our history...

The neanderthal man only lived on average, about 17 years. But this was enough to reach puberty, mate, produce offspring... and therefor pass on genetic material of our species.

Even at this unsatisfactory common life span, the mission for humans to thrive was being accomplished. Until “we” pioneered further. This indicates that Mother Nature has designed us to live long enough to pass on our DNA — to ensure our species continues, as with any species.

Whether this theory holds weight or not, it does make an interesting indication that — **longevity may be completely up to us.**

So as a starting point, what can we do to take life by the reigns in an attempt to further control and determine our own longevity?

How may we purposely and predictably live longer?

...And how may SOD help us?

Part IV:
“How to Extend Your Lifespan
Up to 50 Years — Leveraging the Secret of
The World’s Longest Living Creatures”

Today, it is generally known that **free radicals** are involved in pathological process.

Thus, the lack or dysfunctions of primary antioxidant enzymes (such as SOD) lead to the shortening of our lifespan. Simple.

Therefore, supplying sufficient SOD could be the first therapeutic approach - to extending life — utilizing our body’s natural protector.

Because while us humans already have the longest life span of all mammalian species, it’s also already been proven that we can do much better.

After all, **why die early if you can theoretically add considerable years to your life?**

“PUSH BACK YOUR CLOCK” — AND LIVE LONGER

The human body, like all multi-celled organisms, grows up and then starts growing down, eventually dying.

So why do we have to age as we get older?

Why do we have to die?

After all, one-celled life forms don't have to suffer that fate. An amoeba or a bacterium lives for a time, aging in the sense that it becomes older. But eventually, it divides, producing two newborn cells. Nothing has died.

Molecules and structures that constituted the old microbe serve as blueprints for creation of molecules and structures of the new.

...So if one-celled creatures can keep their internal structures intact and working indefinitely, why can't human cells accomplish the same?

Biological evidence suggests that, if our cells remained in a condition as good as when we were young, our bodies would stay young as immortal protozoans, never dying.

WE WOULD NEVER HAVE TO DIE

There is considerable evidence that multi-celled organisms are fated to die at a roughly predictable time.

Mice usually die before they are two or three years old.

Chimpanzees live to be about 45 years old...

Elephants rarely make it past 50 or 60.

Some parrots can live up to 105. Pretty remarkable for a little talking bird.

Most humans are dead by 80, and virtually all by 120.

So then, why does the galapagos tortoise -

LIVE UP TO 180 YEARS WITH EASE?

At least since Aristotle, observations like these have led people to suppose that aging and death are built into the fundamental makeup of each species.

And in a way, he may have been right.

Each species, including humans, has a species-specific maximum lifespan, or “the longest any member of that species can live” — before its mitochondria shut down, cellular energy production stops and the organism dies.

For humans, the species-specific maximum lifespan is approximately 120 years, though there have been a few reports of people who’ve reached as old as 160, though it’s yet to be sufficiently proven — since life records weren’t obviously always as advanced as currently so.

120 years isn’t too shabby for most of us. But it’s not very common either. So what constitutes this possibility?

Well, the galapagos tortoise possesses something common of other long-living humans and species. And they live up to 180 years old, many with ease.

What may enable this respectable lifespan?

Simply that they contain **higher-levels of SOD** within their metabolic tissues.

SOD’S INTIMATE RELATIONSHIP WITH LONGEVITY

SOD is thought to help us live longer by keeping oxidative stress and inflammation at bay, or “under control”.

Well here may be a logical explanation:

Young people naturally produce SOD to protect against destructive free radicals. And of course, most of them have far less issues with premature aging and disease.

Unfortunately, **levels of SOD decline with age**.

But new research suggests that boosting SOD — and utilizing second SOD boosters (*like in the SOD BOOSTERS report) — helps increase the neutralization of free radicals, reduce inflammation and extend life.

For decades, numerous studies have confirmed that superoxide and other free radicals contribute to aging and premature death — thus, neutralizing this oxidative stress can **extend life**.

But SOD's relationship with longevity goes much deeper than just "relieving oxidative stress". In fact, SOD has been discovered as a primary indicator of longevity — across various different species...

LIVING 12 TIMES LONGER

In research conducted by Richard Cutler — at the Gerontology Research Center, at the National Institutes of Health — individual animals and animal species (that produced higher levels of SOD) lived longer than those with lower levels.

His research showed that rodents, like mice — have the lowest SOD levels among mammals, and that SOD levels are highest among longer living mammals — humans being the highest.

His investigations also strongly highlighted — that SOD is a primary indicator of longevity across various species — and that increased SOD production plays a determining role in longer lived creatures, also with the longest life spans.

Cutler demonstrated that humans — produce an average of 90 micrograms per milliliter of SOD, and live an average of approximately 80 years.

Yet — our closest primate relatives, chimpanzees — produce 40 milliliters of SOD and live an average of only 40 years!

The SOD production levels are vastly different, yet tightly-correlated to each animal's life span. For example, though pigeons and rats weigh the same, **pigeons live about 12 times longer!**

A substantial difference — is that pigeons have higher SOD levels and produce about half as many free radicals as rats do.

This rabbit-hole all began when "fruit flies" — bred to produce twice as much SOD — ***lived TWICE as long as otherwise ordinary fruit flies...***

~ DISCOVERY #1:

SCIENTISTS DOUBLE LIFESPAN OF FRUIT FLY!

The long theory that reactive oxygen species cause aging, was put to the test.

By manipulating genes, a group of Southern Methodist University researchers — created a species of fruit flies that lived TWICE AS LONG.

...Living an average of 75 days. (*compared to 35-50 days for the common fruit fly)

This achievement was not intended to immortalize the flies, but rather — **identify the role of antioxidants and free radicals in the aging process.**

According to William Orr, the biology professor at Southern Methodist University, who engineered these supernatural fruit flies — SOD played the integral role in their enhanced longevity. (Being that they manipulated the genes of the fruit flies to make them produce more SOD)

These flies did not live longer than the average fruit fly at first, but when transgenic lines were created that simultaneously over-expressed SOD — the average life span jumped from roughly 40 to 75 days!

So their hypothesis confirmed — that the level of oxidative stress should increase with age (as it does in fruit flies and mammals). And also confirmed — that increased levels of SOD reduced oxidative stress and extended life span.

THE RESULTS; Flies that over-expressed SOD, along with catalase — lived on average, 30% longer, **had lower levels of damage due to ROS**, and had higher metabolic rates at older ages — with delayed loss of motor ability.

These results were “the first direct evidence for the oxidative stress hypothesis”.

A similar experiment was conducted on wild-type worms — which treatment of prematurely aging worms resulted in normalization of their life-span, a 67% increase!

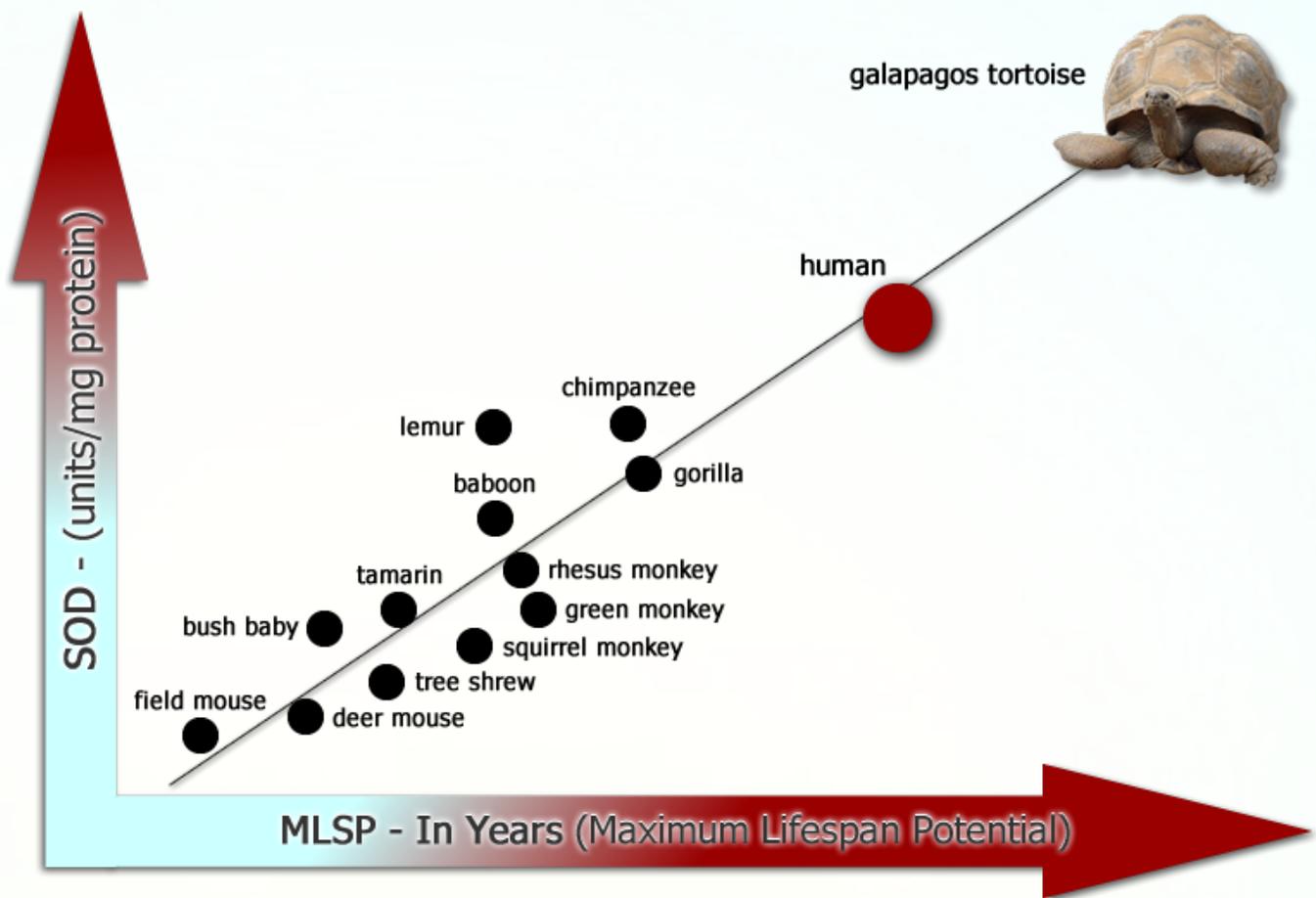
(— Thus proving that oxidative stress is a major determinant of life-span and that it can be counteracted, thus altering one's determined longevity.)

The next look, would be to see how SOD affects the life span of alternative animal species, including humans...

~ DISCOVERY #2:

****SOD Levels Are Directly-Related To Lifespan
In The Various Different Species:***

*see chart:



*Superoxide dismutase (SOD) concentration levels in liver of each species correlates with maximum lifespan potential (MLSP).

***As you can see on the chart above, the longest-lived creatures contain SOD levels that are in direct-correlation with their demonstrated lifespans.**

And based on theory that oxidative stress and ROS are suspected to be the main contributors of premature aging and disease, this looks to be well confirmed based on genetic engineered experiments.

Not only did genetic mutations extend lifespan, (that were pointed toward oxidative stress), but SOD was found to be a primary component.

If oxidative stress and ROS does in fact cause aging and disease, then rectifying it would avoid disease and extend lifespan.

And it has!

...Also, in Richard Cutler's research with the ratio of SOD activity, in relation to specific metabolic rate of the tissues of animal species, SOD was discovered to increase with increasing maximum lifespan potential for all the species — meaning, the longest living creatures contained the most SOD!

This demonstrates that longer-lived creatures and species as a whole — have increased protection against by-products of oxygen metabolism, due to higher SOD activity in their bodies.

LONGEST LIVING CREATURE REVEALS SECRET TO LONGEVITY

180 years old — and they don't even exercise.

They are slow moving and do not even produce the energy required to heat themselves.

Enter the reptilian Galapagos Tortoise:

They are arguable the longest-lived creature on our planet.

Their untold secret?

They contain more SOD than other creatures!

In fact, from the chart above — you can see that all the longest-lived animals have the most SOD, especially the galapagos turtles & longest-lived humans.

So the question becomes, how do you influence sustainable SOD activity — within your body, as a potential gain for increased longevity?

Let's explore how, but first, *let's take a peak at discovery #3...*

~ DISCOVERY #3:

MOST WOMEN LIVE LONGER THAN MEN

This is quite interesting, being it's been long and widely known that women typically out-live men — by an average of 6 years.

Well, researchers actually found that women over-express a gene that stimulates their interior production of SOD!

By offering her increased cellular support — a woman's lifespan may be extended, beyond that of mens... and it usually is!

...After all, this was exactly why the fruit flies lived twice as long — because the experiment orchestrating scientists genetically engineered them to have double the amount of SOD!

So this is by no means sex-dependent... SOD can work for men, just as well as it works for women and fruit flies. And it can work for women to further increase their benefit as well...

Since **there is a clear-distinction between SOD and longevity**, we can all be encouraged to follow suit — and sustain healthy levels.

But let's look at how else SOD may contribute to a long, rich health-span.

HOW SOD MAY LEAD TO YOUR LONGEVITY

From the first time you increase your SOD, you can benefit your health.

SOD shelters your organs and tissues and keeps them in a strong, youthful condition for much longer, depending on how much SOD you have.

That's why the mice in the experiment we mentioned earlier died without SOD. SOD is so important, you simply can't thrive if you don't have enough of this superior enzyme.

But how exactly does SOD aid your quest for longevity?

Well, although SOD seeks and destroys free radicals — (that can lead to accelerated aging and life-threatening disease) — it also does much more.

SOD also protects your immune system and very DNA.

All of it's activity aid SOD to make every cell in your body more resilient and able to fight off attacks more sufficiently and defend your body against accelerated aging and disease.

That's why SOD has shown so much promise in not just anti-aging and disease prevention — but life extension as well! Because aging and disease lead to premature death.

...That's why the fruit flies that were engineered to have twice as much SOD in the experiment, mentioned earlier — **lived twice as long!**

That's why we want to seek a viable option for raising our SOD levels.

Engineering The Human Tortoise — How You May **Live to be 180 Years Old**

It just has a nice ring to it, doesn't it?

Well theoretically, you'd need to engineer an "oxidative-stress" minimal environment, as such found in the galapagos tortoise — to provide yourself with an upper-hand in this equation.

And **SOD can help** — given minimizing oxidative stress and inflammation is essential to one's long-term health and prosperity.

So a huge step-forward, is to put your best efforts forward for minimizing toxic-interference (per described in PART 1 - of this book), and additionally — you'd want to **increase and maintain sufficient levels of SOD**. (Both with intake, and native bodily production)

Especially since your SOD levels are always fluctuating - due to the relentless and never-ending occurrence of oxidative stress.

...Ever wonder why some people eat well and do everything right, but still age quickly — while some others eat poorly, and live to a ripe old age?

Well — levels of SOD vary by as much as 50% - per person.

This might help explain why some people die prematurely, and why others live beyond 100 years of age without any problems — when both parties may have entertained otherwise similar lifestyles.

WHY SOMEONE WHO'S FAT, LAZY & SMOKES — MAY LIVE LONGER THAN YOU

We've all encountered these people.

The guy or gal, in their nineties... lounging on their house porch (perhaps struttled in a rocking-chair) — sipping on a miller lite, with a Winston in hand?

You can't help but wonder...

“How do people like that sustain their health, and at such an envious age?”

Well, as we just mentioned, SOD varies up to 50% from person to person!

And although there may be many invisible variables at play — SOD is such a critical measure of longevity, that it may even out-weigh other risk factors like diet, exercise and even smoking!

Now obviously, eating a healthy diet, exercising regularly, and minimizing your exposure to toxic interference — is a much smarter foundational strategy to start with, but it's clear that your SOD levels have a substantial impact on how long you live, regardless of alternative risk factors.

That's why it's vital to boost and maintain healthy SOD levels... **especially as we continue to age.**

Part V: “Boosting Superoxide Dismutase (SOD) — Overcoming Absorption Challenges”

For years, scientists have sought **a way to boost SOD**.

Especially since, it is thought to be the body’s most powerful natural antioxidant enzyme.

Also, because SOD is present both inside and outside cell membranes, that’s why it plays such a critical role in reducing oxidative stress and the taming of inflammation.

In our body, SOD detoxifies harmful substances and reduces oxidative stress — that very well could contribute to aging and life-sabotaging disease.

The problem is, we can never be assured our body’s have enough SOD to get the job done.

If we could intake SOD, and if the molecules were unharmed and can be absorbed into the bloodstream, then we could enhance our body’s own primary defense system.

Case solved right?

We just need to supplement or eat foods high in SOD right?

Well, unfortunately it's not so simple...

SOD — DESTROYED IN STOMACH ACID?

So some (partially) heart-breaking news... ***SOD actually gets destroyed in our stomach acid!***

(This is why you may have never heard of SOD — and why you don't see dozens of popular supplements peddling it commercially.)

After all, “swallowing” a food or supplement is most common for nutritional supplementation. But there are other ways of course your body can absorb things too.

Aside from the stomach, in regards to SOD — you'd have to “get it past the stomach” and into the small intestine, still intact. And even if you did, there's additional problems getting past the gastrointestinal barrier.

Or... you'd need a bioavailable solution that could indeed seep through your stomach quickly enough to gain any benefit.

Then there's transdermal application (through your skin), or sublingual absorption (fastest) — under your tongue. The issue with these, especially sublingually, again goes back to bioavailability, and whether or not the particles are even small enough to be readily absorbed?

This is why common supplements or even the healthiest of foods — aren't convenient for actually raising your SOD levels.

If they were, you could just eat lots of greens and melons, some of which contain SOD.

Now there are synthetic treatments that exist, but these can carry a load of dangerous and undesired effects.

SYNTHETIC TREATMENTS NO GOOD

Some synthetic treatments exist, but also are not immune to challenges.

But the bigger problem with them, is they may be **detrimental to your body's own ongoing production of SOD**.

In fact, Dr Joseph Mercola states;

~ “The human body is programmed to self-produce its own antioxidant enzymes such as glutathione and SOD (superoxide dismutase, the first antioxidant mobilized by your cells for defense). And synthetic supplementation of these compounds actually signal your body to stop its own production.” That reality, along with Dr Mercola’s statement, has very dangerous implications.

Plus, synthetic antioxidants pose harm to our bodies in high-doses, since our bodies don't know when to “quit absorbing” them.

... Yet “natural” food, or **whole life intact sources** can feed the body all the antioxidants it needs — while your body can “turn off” and disregard any unnecessary amounts.

That's pretty miraculous. And why Mother Nature's innate wisdom should be respected, and also honored here.

This is also why the media and Dr. Oz publicized news recently about “synthetic antioxidants potentially causing cancer”, rather than preventing it. Because they feed the body in an unnatural way.

And **up until now, there hasn't been a viable way to get substantial and pure form SOD into your body** — from a natural whole life food source. Let alone one that's readily and highly absorbable.

But luckily, this juggernaut may be finally solved.

For the first time in history, utilized in nature's original form, you can harness the life-providing power of
Your Body's #1 Free-Radical Slayer
— *Superoxide Dismutase (SOD)*.

For the first time in history, there is a new way to deliver SOD straight into your body, and in record-potency bioavailable form.

It has to do with a recent breakthrough in Europe, using the oceans #1 life-providing food - *Marine Phytoplankton* — which is **the most potent naturally-containing source of SOD in nature.**

Marine phytoplankton - is a micro-algae, single-celled organism that's been on our planet for billions of years. It is the life form responsible for producing up to 90% of all our oxygen on Earth. (i.e.: without it — we'd all die or cease to exist)

Now this is powerful beyond magnitude, because **it quite literally provided all human life on Earth.**

Phytoplankton contains loads of trace minerals and phytochemicals that provides your body with the original nutrient-dense life that protect your cells and tissues at an unprecedented level — supporting the most optimum health obtainable.

But here's where it gets very interesting:

The right type of marine phytoplankton has a cell wall that is instantly digestible . That means it is absorbable and bioavailable at a cellular level!

It's 5 times smaller than red-blood cells - so all the essential amino and fatty acids (nano-sized) are able to pass through the blood-brain barrier and nourish your brain directly!

And because marine phytoplankton is a “uni-cellular” organism — like bacteria, it exists in extremely small nano-sized particles. **(Our bodies require small particles to be readily absorbed into the bloodstream)**

This is huge because it enables direct-sublingually absorption as well.

And as a heirloom original source of life — (in a supercharged bio-available, premier-ly concentrated form) — there is simply no better place to find your SOD's.

But what trumps all this excitement is that the potential for marine phytoplankton has just entered a completely new paradigm.

Part VI: “The Ultimate S.O.D. Miracle”

So we’ve covered that heirloom marine-phytoplankton is the most potent naturally-containing source of SOD in nature, but what could be even more exciting than that?

Well, not only does marine phytoplankton contain the most premium & original source of SOD, but researchers have now discovered a never-before experienced “enhanced hybrid-strain” through ongoing efforts.

Over the last several years; a significant amount of research, development, scientific studies and discoveries have produced and revealed the profound benefits of a new enhanced marine phytoplankton — and it's abilities to stimulate the highest levels of wellness ever thought possible.

This new new “super” strain is allegedly nearly **ONE-THOUSAND times more nutrient dense** than any previous strain in existence.

In fact, two distinct EU (European Union) Novel Functional Food certificates have been awarded for this formulation — and it is the only existing-formula that has EU certification for marine phytoplankton internationally.

Because of this, this one of a kind marine phytoplankton is in very high demand by the people who learn about this. After all... *Marine Phytoplankton* — is not only natures #1 resource for SOD, but it's also **the food that powers the planet**.

Here's why:

Strictly put, our entire ecosystem is dependent on Marine Phytoplankton. Like we mentioned, **life on Earth would simply cease to exist without it**.

Aside from the fact that it produces up to 90% of all the oxygen we breathe — it also feeds 99% of all marine life in our ocean waters!

And as an essential provider of life for us all — even at its small microscopic size, it's so nutrient-rich that it even powers the largest animal on our planet.

THE LIFE-FORCE FOR THE WORLD'S LARGEST STRONGEST ANIMAL

Even the great “blue whale” is fed through marine-phytoplankton.

Phytoplankton also feed krill, which also sustain whales and enable their existence.

It is the original source of life.

Not even the blue whale could survive without it.

...So what makes the largest, strongest mammal on Earth — life-dependent on such a tiny microscopic food?

BREAST-MILK FOR THE ENTIRE PLANET

For good reason, marine-phytoplankton is **known as “Mother Nature’s Colostrum”** — or rather, the “breast-milk” produced in the first hours following birth.

It's the substance that provides your body and immune system with life's essential nutrition. Because much like colostrum, phytoplankton represents the beginning of life.

It also happens to be nature's perfect source of SOD, because S.O.D. requires necessary minerals as co-factor - like iron, zinc and manganese, which Phytoplankton packs.

Also, Marine Phytoplankton, for human consumption, requires a **rich trace-mineral blend** to serve as a stabilizer and natural preservative to protect the integrity of the Phytoplankton.

These minerals aid greatly in it's performance to best serve your health.

The "Ultimate SOD Miracle" in the making — How to Enhance The World's Premier SOD Nutrient By up to **SEVEN HUNDRED TIMES.**

A new breakthrough in life-extension is currently under way.

A recently discovered patent-pending process, formulated in Spain, is expected to be producing *the world's highest-containing SOD source*, in a novel functional food - a **naturally enhanced heirloom phytoplankton.**

After a reported two-years of process perfection, the result is now what is said to be the most potent, nutrient dense marine phytoplankton we have ever had access to on planet Earth.

But this process of origin all first started with one breakthrough discovery...

MARINE BIOLOGIST — DISCOVERS COMPATIBLE STRAIN WITH HUMAN DNA

A Marine Biologist named Dr. Luis Lubian, who was involved in an extensive study of more than 43,000 types of marine phytoplankton — discovered one particular type, perceived to be exceptionally compatible with human DNA.

The scientific name of this particular strain of marine phytoplankton is known as — ***Nannochloropsis Gaditana***.

Here's what's amazing about this particular type of marine phytoplankton....

After an in-depth analysis, the makeup of this type matched remarkably **identical to the human nutritional profile!**

What this means — is it has just the right amount and balance of amino acids, enzymes, fatty acids, minerals and pigments — the building blocks our bodies use to repair DNA, produce primary antioxidant enzymes (like SOD) and generate growth hormones and stem cells.

In other words... this one unique type of marine phytoplankton supplies the body with practically **all the raw materials it needs to produce healthy new cells** and neurochemicals!

But the possibilities get better. Much better.

HOW PHYTOPLANKTON MAY TAKE LONGEVITY FURTHER

Leonard Hayflick, a cell biologist from the University of California, San Francisco, made several observations of cells from various species.

Mice — cannot keep their cells going in culture for more than 14 to 28 divisions. (Of course mice only live 1-3 years)

The Galapagos tortoise has cells that keep dividing for 90 to 120 rounds. Obviously its life span is dramatically different than that of mice.

...These finding proposed that — a species life span appears to also be related to the **number of cell divisions** its cells can sustain in culture.

This would imply that we die because our cells reach what is called the “Hayflick’s limit”, *meaning we die once our cells reach a wall, and can no longer properly divide to sustain life.*

To give you an example to wrap your head around:

Human cells taken from a newborn, culture for about 50 divisions, where cells from an aged person in their 80's — typically live in culture for about 20 divisions — demonstrating a slow-down of cellular regeneration ability.

So what's concluded is — that human cells may have the biological potential to carry us into our mid, even late 100s — far beyond our current reality!

But what does this mean?

It means that if we succeed in our quest to keep oxidative stress at bay — then we'll also need to keep our body's cellular regeneration abilities afloat, and at optimal levels.

THE GOOD NEWS: is that ***marine phytoplankton is a highly-absorbable unicellular organism that triggers our bodies to generate up to a TRILLION NEW CELLS — from each single dose!***

We told you it gets better. But it gets even far better than this.

FAR MORE THAN AN “SOD BOOSTER — PACKED WITH MORE NUTRITIVE POWER THAN ALL SUPERFOODS COMBINED

Marine phytoplankton — is potentially **hundreds of times more bioavailable** than any other algae (or any other food source) on Earth.

Imagine infusing your body with more than 100 nutrients simultaneously?

When you do, it's not hard to see why marine-phytoplankton packs such an impressive array of health promoting qualities — starting with your trillions of cells, to blood & heart health, to your liver & bodily organs to increased vision & mental acuity.

It all begins with **bioavailable nutrition that promotes cellular enhancement.**

This is why the number one reported benefit — felt by constant consumers of raw, properly harvested heirloom phytoplankton, is ENERGY.

Because their health is being nursed at the deepest cellular level. So new found sustainable energy is only expected with such concentrated whole body nutrition.

THE “CRÈME DE LA CRÈME” OF PHYTOPLANKTON — AN EXPERIMENT WITH GENETIC SELECTION

The potential of marine phytoplankton, along with its SOD promises, has completely morphed. Exponential enhancement has now been discovered through “genetic selection”.

Now, **you might be wondering what genetic-selection is?**

Not to be confused with “genetic modification”, genetic-selection is in fact on the complete opposite side of the spectrum, and is (100% non-GMO).

Instead, genetic-selection, in the particular case of marine phytoplankton, it’s a process of “hand-selecting” the healthiest & most nutrient dense in each meticulously grown batch of living *Nannochloropsis Gaditana* phytoplankton.

What does this mean?

This means, that the nutritional makeup of each measurable dose for human consumption — can contain upwards of 700 TIMES the nutritional potency!

...You can conceptualize this, like the known longevity benefits of “juicing” — when you “juice” large amounts of fruits & vegetables, you are able to consume concentrated nutrition. That of a dozen times over, because you are able to take in larger amounts.

Now imagine what the benefits of juicing would be, if you could “strip” away any & all nutritive-imperfections — including nutrient/mineral deficiencies and toxicities — and you could then, enhance the nutritional profile of each glass of nutrient-rich juice by 700 times?

Then imagine your glass of “super juice” was perfectly nano-sized, for complete and immediate bio-available absorption?

What this means is — this new advanced form of phytoplankton **packs 700-times the SOD**, per its previous general heirloom strain!

700 TIMES MORE SOD — THAN ANY LIVING FOOD ON EARTH

This is what's so mind blowing.

Due to a revolutionary, and patent-pending European process in genetic-selection, these boundaries have been made possible with a **new breed of marine-phytoplankton** — never before experienced by man.

Not only does it pose a revolutionary breakthrough in cellular health and DNA repair, but this new advanced formula **contains up to SEVEN HUNDRED TIMES the SOD** — of **any living food on Earth!**

And again, because marine phytoplankton is a “uni-cellular” organism — like bacteria, it exists in extremely small nano-sized particles. Our bodies require small particles to be readily absorbed into the bloodstream.

What's more is, nano particles are small enough to be absorbed sublingually — before they even need enter your stomach. This is revolutionary.

As a heirloom original source of life, in a supercharged bio-available, premierly concentrated form — it makes for the ultimate longevity food.

And now, for the first time in the history of life on Earth, **this revolutionary new form of Marine Phytoplankton — is now being officially organically-produced**, and made available to the public.

This is our chance as humans, to experience the ultimate SOD miracle.

**Experience The Revolutionary New Marine-Phytoplankton,
Known As “Oceans ALIVE”...**



*I have no doubt that **if every American were given just 10 drops of OCEANS ALIVE Marine-Phytoplankton each day, we'd see a huge drop in degenerative disease.***

I think we'd see cancer rates plummet by up to 90 percent; diabetes would be drastically reduced, heart disease numbers would drop sharply. Alzheimer's cases would be way down and behavioral disorders in children would virtually disappear. That's from just 10 drops a day...

~ Mike Adams, "The Health Ranger"
www.NaturalNews.com

**LEARN MORE ABOUT THE WORLD'S #1
MOST ADVANCED — “SOD-PACKED”
MARINE-PHYTOPLANKTON**

See How OCEANS ALIVE Can Help You:

www.OceansALIVE.com

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