

DIFFERENT WAYS OF USING AMAZING SOAK

NOTE:

½ capful = 1 teaspoon
1 capful = 2 teaspoons

1.5 capful = 1 tablespoon
6 capfuls = ¼ cup

BATHTUB SOAK THERAPY:

Add 1 capful of Amazing Soak to standard size tub filled about ¼ capacity with clean water; add 2 to 3 capfuls when filled ½ to ¾ capacity respectively; increase amounts for larger, jacuzzi type.

SHORT TERM THERAPEUTIC SOAK:

Add ¼ to ½ cup Amazing Soak to standard size tub filled with clean tap water. Increase amount for larger, jacuzzi type.

MULTIPURPOSE SOLUTION:

Add one capful of Amazing Soak (2 teaspoons) per cup of water.



This guide is not meant as a substitute for medical advice. It is always recommended you talk to your doctor and consult about the possible body responses to advancing cellular functioning with augmentation of bioavailable oxygen. You must be aware if there is any possible side effect for certain health issues that could apply to you.

The use of Amazing Soak should be a pleasant experience. Transdermal oxygenation contributes oxygen to the body fluid environments using different channels than respiration and it is not a substitute for traditional oxygen therapy.

Amazing Soak is effective at all water temperatures.

Hot water is recommended to stimulate circulation and enhance cell absorption and skin permeability.

Do not exceed water temperature of 102 F° (40°C).

Do not exceed 30 minutes soak.

WHOLE BODY SOAK

Enhance cellular oxygenation, replenish oxygen deficit in tissues, eliminate muscle pain, relief swelling, inflammation and arthritis type pain, switch-off inflammatory immune response and intensify anti-inflammatory mechanisms, accelerate recovery after physical trauma, exercise, muscle fatigue and injuries, boost immune system, increase energy, alleviation of muscle weakness, persistent tiredness and lethargy, stimulate and shorten recuperation time and rehabilitation, promote skin regeneration and shedding of dead cells, deep pore cleansing, diminish of skin problems, help resolve deficiencies that cause hypoxic conditions and supplement oxygen transport. In general, it will support lessening biological stress and physical afflictions of systemic, inflammatory nature.

BODY PART SOAK

To reduce localized swelling, eliminate pain, increase blood flow and block inflammatory reactions, expedite tissue recovery after recent trauma, relief joint inflammation. Alleviate skin problems. In general, targeted soaking will provide more intense treatment and yield faster results as remedy for non-systemic discomfort involving pain, swelling and inflammation

TOPICAL SPRAY

Spray on skin lesions, inflammation and skin conditions needing sanitation, improve acne, bed sores, rashes, bumps and blisters. Disinfect small scrapes and cuts. As an alternate to body part soak, when spraying on painful areas it seems to yield better results when dealing with connective tissues to relief onset of recent inflammation. In general, topical spray is recommended as an antiseptic and for the management of skin problems and acute swelling and inflammation in areas difficult to treat otherwise by targeted soaking.

AIR DIFFUSION AND INHALATION

Add to vaporizers and inhalers. Breathe in to improve respiratory conditions, relief sinus pressure, soothe sore throat, runny nose, and to neutralize effect of prior exposure to airborne pathogens, environmental contaminants and VOCs. This solution can be added to room humidifiers to double as water and air purifier.

FOOT SOAK

Add 1 to 2 capfuls of Amazing Soak to foot bath for aches and pains of inflammatory nature, sanitize, relief discomfort caused by fungal infections, improve circulation, support elimination of toxins, accelerate dead skin shedding and detox. It is not a cure for nail fungus.

OTHER HOUSEHOLD USES

**Test fabrics first as discoloration may occur! **

Use an atomizer or sprayer to apply on pillows, mattresses and curtains to control dust mites.

Use as an air purifier to neutralize allergens and kill microorganisms, remove odors and get a clean, fresh smell.